

# Celebrating Seniors Month 2021

## REGIONAL EVENTS

DATE & TIME	EVENTS	WHERE
Tuesday, 28 September 9.30am - 11.30am	Morning Tea and Seniors Expo followed by performance by Opera Eagles Nest, Best of Broadway Musical	Roma Cultural Centre
Friday, 1 October 9.30am - 12.30pm	Seniors Morning Tea, Cent Sale and Markets	Noonga Hall, Noonga
Wednesday, 6 October 9am - 11am	Community Wellbeing Seated Yoga and Morning Tea <b>Bookings Essential, Call Megan Brown on 0477 418 744</b>	Injune Retirement Village
Wednesday, 6 October 10am - 11am	Come along and enjoy Morning Tea	Yuleba Customer Service Centre
Thursday, 7 October 9.30am - 10.30am	Seniors Water Walking Class (Every Thursday for the Month)	Surat Pool
Sunday, 10 October 12pm	Lions Club BBQ <b>RSVP to Bob Kunde 0428 221 139 for catering purposes</b>	Roma Lions Park, Powell St
Monday, 11 October 9.30am - 11am	Bingo and Morning Tea <b>Limited spaces. Bookings Essential via Council Customer Service</b>	Injune Retirement Village
Thursday, 14 October 9am - 10.30am	Join us for seated Yoga followed by a High Tea at the Mitchell Spa <b>Bookings Essential for catering purposes via Council Customer Service</b>	Mitchell Shire Hall
Thursday, 14 October 9am - 1pm	Community Yoga & Pamper Day - A morning of relaxation and Lunch <b>Bookings Essential, Call Megan Brown on 0477 418 744</b>	Soaring Souls, 54 Bungil St, Roma
Tuesday, 19 October 9.30am - 12pm	Morning Tea and Live music by Jo & Susie <b>Bookings Essential, Call Wendy on 0418 205 810</b>	Surat Shire Hall
Wednesday, 20 October 9.30am - 11am	Morning Tea <b>RSVP to Mike Caffery 0418 195 315 for catering purposes</b>	Injune Men's Shed
Thursday, 21 October 9am - 12.30pm	Men's Shed Wellness Day Stretch & Meditation Session, Lunch and fun activities <b>Bookings Essential, Call Megan Brown on 0477 418 744</b>	Roma Community Men's Shed 27-29 Chrystal St
Saturday, 23 October 8am - 2pm	Mega Crafty Destash & Handmade Stall	Studio 6, Community Arts Centre, Hawthorne St, Roma
Saturday, 23 October 3.30pm - 9pm	Surat Bowls Club fundraiser for cancer research	Surat Bowls Club
Wednesday, 27 October 10am - 1pm	Lunch and Activities for Yuleba/ Wallumbilla/ Surat Seniors <b>Bookings Essential via Council Customer Service</b>	Mt Hope Wallumbilla
Saturday, 30 October 2pm - 4pm	Comedy Show with Mel and Susie plus Afternoon Tea	Surat Shire Hall